



TAKE IT: Take one sachet of Pollen Boost once a day, preferably in the morning, dissolved in water.

## **ABOUT POLLEN BOOST:**

Pollen Boost is a unique blend of natural ingredients designed to enhance your energy, well-being, and overall health.

## **KEY BENEFITS:**

- Increases energy and alertness.
- Promotes mental and physical health.
- Supports weight loss and boosts metabolism.
- Provides antioxidant protection and slows down cellular aging.
- Contributes to detoxification and liver health.

## WHY POLLEN BOOST?

POLLEN BOOST With a combination of vitamins, antioxidants, and plant extracts, our product offers multiple benefits for your body and mind.

## **INGREDIENTS:**

**B Complex Vitamins:** Maintain brain and heart health, aid in DNA formation, and regulate energy.

Gluconolactone: Provides a feeling of overall well-being.

Caffeine: Reduces fatigue, increases alertness, and decreases reaction time.

**Inositol:** Improves mental health, regulates blood glucose, and fat metabolism.

**Melon Powder:** Main source of SOD (Superoxide Dismutase), a powerful antioxidant against cellular aging.

**Green Tea:** Boosts metabolism and aids in weight

**Pollen:** A natural energizer that stimulates brain activity and enhances physical performance.

Beet Powder: Provides essential minerals and maintains a healthy liver.

Raspberry Ketones: Activate metabolism, suppress appetite, and aid in fat burning.

Collagen: Slows down cellular aging, especially of the skin.

Glutathione: Detoxifies cells, regulates the immune system, and protects against oxidants.

Allulose is 0 net carbs. It is a carbohydrate but it is not metabolized by the body and does not affect blood sugar.







NUTRITION FACTS Serving Size: 1 Sachet (8 g) Servings per container: 30					
Calories	8.3		Vitamin B-2 (Riboflavin)	0.84 mg	64.61%
Total Fat	0.0 g	0%	Niacin (Niacinamide)	8.5 mg	53.1%
Saturated fat	0 g	+	Vitamin B-6 (Pyridoxine)	0.66 mg	39%
Trans fat	0 g	+	Folate/Folic Acid	98 mcg	24.5%
Cholesterol	0 mg	0%	Vitamin B-12 (Methyl-cyanocobalamin)	1.33 mcg	55.41%
Sodium	0.82 mg	0.035%	Biotin	30 mcg	100%
Total Carbohydrate Dietary fiber	3 g 0.038 g	0.135%	Pantothenic Acid (Calcium D-Pantothenate)	2.7 mg	54%
Total Sugars	0 g	0%	Vitamin K-1	31.1 mcg	26%
Includes 2 grams of Allulose			Calcium	0.289 mg	0.022%
Protein	1 g	2%	Magnesium	0.287 mg	0.022%
Vitamin A	489 mcg	54.3%	Potassium	7.000 mg	0.148%
Vitamin C	31 mg	50.33%	Glutathione Reduced	100 mg	+
Vitamin D-3	1.8 mcg	9%		, i	
Vitamin E (Alpha tocopheryl)	1.8 mg	12%	Gluconolactone Caffeine (Natural)	120 mg 20 mg	+
Vitamin B-1 (Thiamin)	0.53 mg	44.16%	Inositol	52 mg	+
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The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for

Proprietary Pollen Blend 1,884 mg\*

Maltodextrin, Melon powder (SOD), Hydrolyzed Collagen, Bee Pollen Extract, Raspberry Extract Powder (Ketones), Green Tea Extract 98% Polyphenols 50% EGCG

\*Daily Value not established % Daily value is based upon a 2,000 calorie diet.

Other Ingredients: Allulose, Beetroot Powder, Natural Strawberry Flavor Powder, Citric Acid Powder, Natural Blueberry Flavor Powder, Natural Raspberry Flavor Powder, Sucralose, Silicon Dioxide

Pollen Boost works holistically within your body, providing immediate energy thanks to vitamins and caffeine, while antioxidants and other ingredients work at a cellular level to protect and improve your overall health. The combination of ingredients promotes weight loss, detoxification, and general well-being.